

|        | Autumn 1                                      | Autumn 2                           | Spring 1  | Spring 2   | Summer 1                   | Summer 2  |
|--------|---|------------------------------------|---|--|----------------------------|---|
| Year 1 | Making friends: playing and learning together | Mental health and wellbeing        | Celebrating me, you and our families            | Safety at home   | Being healthy              | Showing kindness to ourselves and others        |
| Year 2 | Mental health and wellbeing                   | Keeping safe online                | Me, my body and staying safe                    | Money and work   | Safety outside the home    | Looking back and moving on                      |
| Year 3 | Me, my friends and belonging                  | Mental health and wellbeing        | Building healthy habits                         | Making choices online                                  | Keeping safe out and about | Looking out for each other                      |
| Year 4 | Mental health and wellbeing                   | Exploring ways to manage risk      | Forming respectful relationships                | Money matters and news literacy                        | Me, my body and growing up | Families and growing together                   |
| Year 5 | Friendships, stereotypes and bullying         | Mental health and wellbeing        | Positively engaging with our world              | Respecting boundaries                                  | Safe connections online    | Embedding healthy habits and learning first aid |
| Year 6 | Mental health and wellbeing                   | Managing money and online spending | Changes in puberty ( <i>and sex education</i> ) | Drug education: assessing risk and managing influences | Developing our AI literacy | Looking to the future                           |

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