



What is Parents as First Teachers? (PAFT)

Babies are born to learn, but they don't come with a set of instructions, and sometimes parenting can seem like a thankless task. At King's Wood School, we run a community based parenting support programme - **Parents as First Teachers (PAFT)**.

This voluntary programme is free to all parents and carers of babies and pre-school children (0-5 years), and is designed to enhance child development and school achievement. Your involvement can begin as soon as you know you are pregnant. There are home visits available for some families and monthly group meetings available for all families.

Parents as First Teachers UK has been operating in Buckinghamshire since 1991, when the first project was established here at King's Wood School, High Wycombe. The programme is based on the fundamental truths that parents are the first and most influential teachers of their children, and that the early years lay the foundations for a child's success in school. In other words, what you do at home really matters and deserves support.

To speak to the PAFT project worker, please contact the King's Wood School office on (01494) 521401.